

A smiling man with glasses, wearing green scrubs, stands in a dental office. He is positioned in front of a dental chair that is covered with clear plastic. Behind him is a large window looking out onto a green, tree-filled area. The office has a clean, professional appearance with various dental equipment visible.

**FACES OF  
WESTCHESTER**

## THE FACE OF DOCTOR SAVE MY TEETH

Both dentistry and medicine are primarily focused on treating disease. The vast investment in healthcare is expended in diagnosing and managing illnesses. In the case of dentistry, the repair and replacement of teeth has been the primary focus.

It is estimated that up to 70% of medical conditions are the results of lifestyle issues, whereas in dentistry, ineffective oral hygiene results in approximately 90% of dental decay and periodontal disease. Plaque forms twice a day and its complete removal is necessary to prevent disease. Without repeated education, almost all individuals are ineffectual in performing this task adequately.

Although *drsavemyteeth* is how I've chosen to brand myself, the philosophical mantra of what I believe in has been demonstrated by a vast majority of patients who have been treated in my office for many, many years and maintained their teeth, implants, and oral health.

## WESTCHESTER CENTER FOR PERIODONTAL AND IMPLANT EXCELLENCE

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Pictured: Dr. Victor Sternberg